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Autophagy regulates ROS-induced cellular senescence via p21 in a p38 MAPK α dependent manner

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ABSTRACT

Oxidative stress induces not only senescence but also autophagy in a variety of mammalian cells. However, the relationship between these two has not been well established and thus, was investigated in the present study using WI38 human diploid fibroblasts (WI38 cells) as a model system. Our results showed that exposure of WI38 cells to H₂O₂ induced both senescence and autophagy. Downregulation of autophagy protein 5 (Atg5) with Atg5 siRNA inhibited not only autophagy but also senescence induced by H₂O₂. Further studies showed that Atg5 regulates H₂O₂-induced senescence primarily by up-regulating the expression of p21 at the level of post-transcription. In addition, we examined the mechanisms by which H₂O₂ induces autophagy in WI38 cells. Our results revealed that H₂O₂ increases autophagy independent of the mammalian target of rapamycin (mTOR) negative feedback pathway. Instead, the induction of autophagy by H₂O₂ depends on the induction of intracellular production of reactive oxygen species (ROS) and activation of the p38 mitogen-activated protein kinase α (p38 MAPK α) pathway.

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1. Introduction

Autophagy is a conserved mechanism from yeast to humans for the maintenance of cellular homeostasis through cytoplasmic and organelle turnover (Donati et al., 2001; Cuervo et al., 2005; Mizushima et al., 2008). Its activity increases when cells are exposed to oxidative stress (Azad et al., 2009; Dewaele et al., 2010). However, the mechanisms by which oxidative stress increases autophagy have not been well established (Azad et al., 2009). In addition, exposure to oxidative stress also induces senescence (Toussaint et al., 2000; Lu and Finkel, 2008). The relationship between these two cellular responses to oxidative stress has not been defined. For example, it is not known if autophagy and senescence can be induced by oxidative stress through a common molecular pathway. Neither is it known whether oxidative stress-induced autophagy plays a role in the induction of senescence and vice versa.

It was recently shown that autophagy mediates oncogenic stress-induced senescence by promoting the transition of mitotic arrest to the establishment of senescence phenotypes (Young et al., 2009). The

induction of autophagy by oncogenic stress is attributed to the downregulation of the mammalian target of rapamycin (mTOR) pathway which can negatively regulate autophagy. In contrast, it has been shown that reactive oxygen species (ROS) can activate the mTOR pathway (Blagosklonny, 2008). Therefore, it has yet to be determined whether oxidative stress-induced autophagy also plays a role in the induction of senescence through inhibition of the negative feedback of mTOR.

Exposure of normal human diploid fibroblasts such as WI38 cells to H₂O₂ has been widely used as a model to investigate oxidative stress-induced senescence (Chen, 2000; Chen and Ames, 1994; Toussaint et al., 2000). Therefore, in this study we used this model to investigate the role of autophagy in oxidative stress-induced senescence and the mechanisms by which exposure to oxidative stress such as H₂O₂ induces autophagy. Our results suggest that oxidative stress-induced autophagy and senescence are intricately related and may share a common pathway for their induction.

2. Materials and methods

2.1. Reagents and antibodies

SB203580 (4-[4-fluorophenyl]-2-[4-methylsulfinylphenyl]-5-[4-pyridyl] 1H-imidazole or SB), a p38MAPK α specific inhibitor, was purchased from LC Laboratories (Woburn, MA). MTT ((4,5-

Abbreviations: ROS, reactive oxygen species; p38MAPK, p38 mitogen-activated protein kinase; mTOR, mammalian target of rapamycin; Atg, autophagy protein.

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dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide), 3-Methyladenine (3-MA), an autophagy inhibitor, N-acetylcysteine (NAC), and 5-bromo-2'-deoxyuridine (BrdU) were obtained from Sigma (St. Louis, MO). The antibodies against Beclin-1 (clone EPR1773Y), Ulk3, and LC3b (MAP1LC3b) were purchased from Abcam (Cambridge, MA). The antibodies against p21^{Cip1/WAF1} (p21), p16^{Ink4a} (p16), phosphorylated p70S6K (p-p70S6K), and β -actin were obtained from Santa Cruz (Santa Cruz, CA). The antibodies against phosphorylated p38 MAPK α (p-p38 MAPK α), 4E-BP1 (p-4E-BP1) and AKT (S473) (p-AKT) and Atg5 antibody were ordered from Cell Signaling Company (Boston, MA). The antibody against BrdU was purchased from Biolegend (San Diego, CA). The goat anti-rabbit IgG-HRP, rabbit anti-goat IgG-HRP, rabbit anti-mouse IgG-HRP, and FITC- or Cy3-conjugated goat anti-rabbit IgG were purchased from Invitrogen (Carlsbad, CA).

2.2. Cell culture

WI38 cells were originally obtained from the Cell Bank of Chinese Academy of Sciences, and cultured in a complete medium (Dulbecco's Modified Eagle Medium, DMEM, supplemented with 10% fetal bovine serum, 100 U/ml penicillin, and 100 μ g/ml streptomycin) in a humidified incubator at 37 °C and 5% CO₂. The cells at early passages (between 20 and 28 passages) were used in all experiments to avoid complications of replicative senescence as WI38 cells have a mean life span about 45–60 passages. For the induction of premature senescence, WI38 cells at about 80% confluence were exposed to 250 μ M H₂O₂ diluted in DMEM supplemented with 10% FBS for 2 h and then were washed twice with DMEM to remove H₂O₂. They were cultured in a fresh complete medium for 24 h before being subcultured for various durations as specified in individual experiments.

2.3. Cell viability assay

The viability of cells was assessed by the MTT assay as previously described (Marks et al., 1992).

2.4. Analysis of ROS production

The stock solution (10 mM) of ROS detecting probe 2', 7'-dichlorofluorescein-diacetate (DCFH-DA) (Sigma-Aldrich, St. Louis, MO) was prepared in ethanol. The stock solution was diluted with a staining solution (5 mg/ml BSA in 1 \times PBS) to a final concentration of 1 μ g/ml. Analysis of ROS production was performed according to the method reported previously (Carter et al., 1994). The oxidation of DCFH by ROS was determined by measuring the mean fluorescent intensity of DCF in a minimum of 10,000 cells using a FACS Caliber flow cytometer (Becton Dickinson, San Jose, CA) at λ_{ex} = 488 nm and λ_{em} = 525 nm.

2.5. Knocking down Atg5 and p21 by siRNA

Signal Silence® Atg5 siRNA, p21 siRNA and control siRNA were purchased from Cell Signaling (Boston, MA), transfection reagent HiPerFect was obtained from Qiagen (Alameda, CA). The siRNA transfection was carried out according to the protocol provided by Qiagen. At 72 h after transfection, the efficiency of siRNA to down-regulate the expression of Atg5 and p21 was determined by Western blot analysis.

2.6. Senescence-associated β -galactosidase (SA- β -gal) staining

SA- β -gal activity was determined using an SA- β -gal staining kit (Cell Signaling Technology, Boston, MA) according to the manufacturer's instructions. Senescent cells were identified as blue-stained cells by standard light microscopy. A minimum of 500 cells was

counted in 10 random fields to determine the percentage of SA- β -gal-positive cells.

2.7. LC3b immunofluorescence staining

The cells were fixed with 4% paraformaldehyde and permeabilized with 0.3% Triton using a standard protocol described previously (Straface et al., 2007). Incubation with the primary antibody against LC3b was performed at 4 °C overnight before incubation with FITC- or Cy3-conjugated secondary antibody. The images were captured using a Nikon Fluorescence Microscope with an F-601-AF camera (Nikon, Japan) and displayed with the Adobe Photoshop CS5 software.

2.8. BrdU incorporation assay

DNA synthesis was determined by measuring BrdU incorporation into DNA as previously described (Maruyama et al., 2002).

2.9. Western blot analysis

The protein extracts from WI38 cells were subjected to Western blot analysis as described previously (Wang et al., 2004).

2.10. Analysis of IL-6 and IL-8 ELISA

The supernatants of WI38 cells subjected to various treatments were collected for the analysis of IL-6 and IL-8 by the ELISA kits purchased from R&D (Waltham, MA) according to the protocol provided by the manufacturer.

2.11. Real-time reverse transcription-polymerase chain reaction (RT-PCR)

Total RNA was extracted using the RNeasy Mini Kit (Qiagen Sciences, Germantown, MD) according to the manufacturer's instructions. First-strand cDNA was synthesized from total RNA using a Super Script II first-strand synthesis system (Invitrogen) according to the manufacturer's protocols. The sequences of PCR primers used in the assays are listed in Table 1, except that of glyceraldehyde 3 phosphate dehydrogenase (GAPDH) primers which were a gift from the Department of Immunology of Tongjing Medical College, China. Quantitative polymerase chain reaction (qPCR) was subsequently performed using SYBR Green® Real-time PCR Master Mix (Toyobo Co, Japan). The threshold cycle (Ct) value for each gene was normalized to the Ct value of GAPDH. The relative mRNA expression was calculated using the comparative CT (2- $\Delta\Delta$ Ct) method as previously described (Wang et al., 2006).

2.12. Transmission electron microscopy

Cells with or without H₂O₂ treatment were collected and processed using the classical method described previously (Young et al., 2009). Ultra-thin sections (85 nm) were prepared for each sample and analyzed on a JEM-10CX II transmission electron microscope (JEOL, Japan) at 60 kV.

Table 1
Primers.

Genes	Forward	Reverse
Ulk3	TGAAGGAGCAGGTCAAGATGAGG	GCTACGAACAGATTCCGACAGTCC
Beclin-1	TGTCACCATCCAGGAATCA	CTGTGGCACTTTCTGTGA
LC3b	ACGCATTGGCCATCAGTTG	TCTCTAGGAGTCAGGGACCTTCA
P21	CTG GAG ACT CTC AGG GTC GAA	CCA GGA CTG CAG GCT TCC

2.13. Statistical analysis

At least three biological replicates were done for each experiment. Data are expressed as means \pm SD and were analyzed using the Statistical Package for Social Sciences (SPSS) software (Version 13.0) by ANOVA. In the event that ANOVA justified post hoc comparisons between group means, these were conducted using the Student–Newman–Keuls test for multiple comparisons. For experiments in which only single experimental and control groups were used, the difference between groups was examined by unpaired Student's *t* test. A probability of $P \leq 0.05$ was considered significant.

3. Results

3.1. Exposure of WI38 cells to H_2O_2 induces not only senescence but also autophagy

WI38 cells were exposed to H_2O_2 for 2 h at a concentration of 250 μ M as they reached about 80% confluence. At day 6 after exposure to H_2O_2 , the majority of the cells ceased to proliferate and synthesize DNA (Fig. 1A, B) and exhibited phenotypic changes that resembled those observed in the cells undergoing replicative senescence, including increased SA- β -gal activity, flattened cell morphology, and

enlarged cell size (Fig. 1C). In addition, p21 expression was increased, but the expression of p16 was not significantly elevated by the treatment with H_2O_2 (Fig. 1D), as shown in a previous report (Wang et al., 2004). Moreover, it was found that the cells ceased to incorporate BrdU within 2 days after exposure to H_2O_2 , whereas SA- β -gal activity, a widely accepted biomarker of senescence, in H_2O_2 -treated cells increased gradually to the peak levels 6 days after the exposure (Fig. 1E). These findings suggest that cells become senescent at a later time point after being growth arrested by the exposure to H_2O_2 .

Next, we examined the ability of H_2O_2 to induce autophagy in WI38 cells after they become senescent by transmission electron microscopy and LC3b immunofluorescence staining to detect autophagosomes and LC3b distribution, respectively, because both of them have been widely used as markers of autophagy. It was found that H_2O_2 -induced senescent cells exhibited more autophagosomes and LC3b puncta compared to control cells without H_2O_2 treatment (Fig. 2A, B). The increase in LC3bII in H_2O_2 -treated cells is not caused by the dysfunction of lysosomes, because treatment with Chloroquine (a lysosome inhibitor) caused a further accumulation of LC3bII protein in the senescent cells (Fig. 2C). These results demonstrate that exposure to H_2O_2 not only induces senescence but also increases autophagy in WI38 cells.

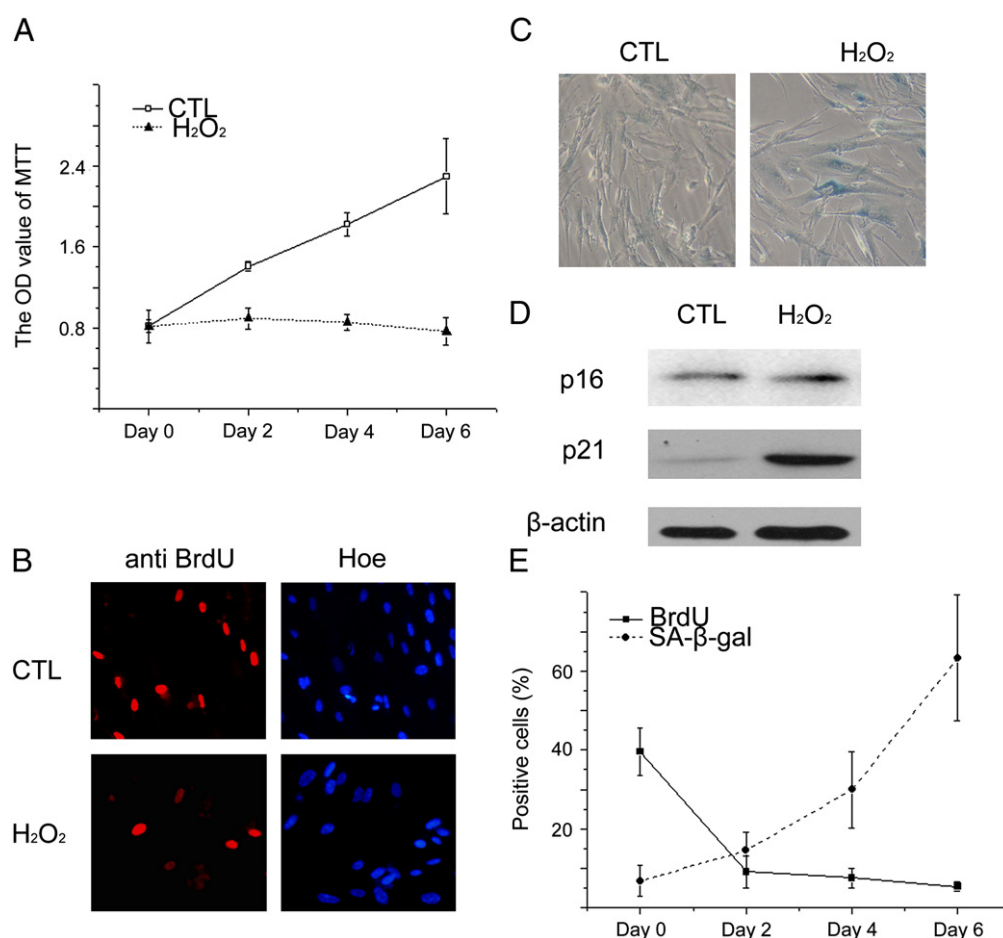


Fig. 1. H_2O_2 induces senescence in WI38 cells. WI38 cells were treated either with vehicle (10% FBS DMEM) as a control (CTL) or with 250 μ M H_2O_2 for 2 h. After H_2O_2 treatment, they were cultured in a complete medium for various durations before being assayed as described below. (A) Cell growth was determined by the MTT assay at day 0, 2, 4 or 6 after H_2O_2 treatment. The data are presented as means \pm SE of OD value at 562 nm ($n = 3$). (B) Analysis of DNA synthesis in control cells (CTL) or the cells 6 days after H_2O_2 treatment by BrdU incorporation assay. Representative photomicrographs of BrdU staining were shown. The blue staining represents the nucleic staining by Hoechst and the red staining represents specific BrdU staining with anti-BrdU antibody. (C) Representative photomicrographs of SA- β -gal staining in control cells (CTL) or the cells 6 days after H_2O_2 treatment. The cells stained in blue represent SA- β -gal positive senescent cells. (D) Analysis of p21 and p16 expression in control cells (CTL) or the cells 6 days after H_2O_2 treatment by Western blot. Representative images of p21 and p16 Western blots are shown. The β -actin blot is included as a loading control. (E) Dynamic changes in the percentage of BrdU and SA- β -gal positive cells after H_2O_2 treatment are shown. The data are presented as means \pm SD from three independent experiments.

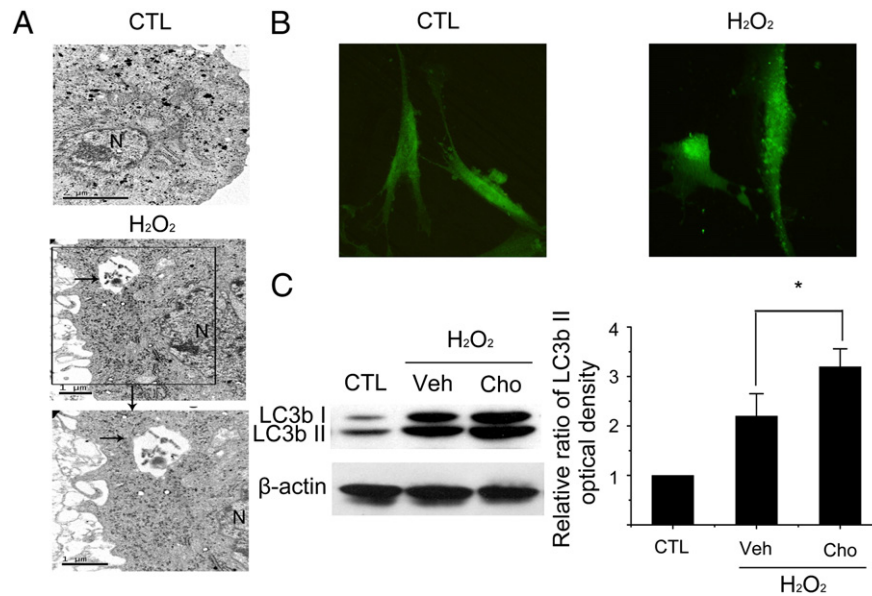


Fig. 2. H₂O₂ increases autophagy. WI38 cells were either treated with vehicle (10% FBS DMEM) as a control (CTL) or with 250 μM H₂O₂ for 2 h. After H₂O₂ treatment, they were cultured in a complete medium for 6 days before being assayed as described below. (A) Representative transmission electron microscopic photomicrographs of a control cell (CTL) and a cell treated with H₂O₂. The arrow points to an autophagosome in the cytoplasm of the H₂O₂-treated cells. N = nucleus. (B) Representative photomicrographs of LC3b immunofluorescent staining (green) to show the distribution of LC3b in control cells (CTL) or cells treated with H₂O₂. (C) Analysis of LC3b I and II expression in control cells (CTL) or cells treated with H₂O₂ plus vehicle (Veh, PBS) or Chloroquine (Cho, 50 μM). Vehicle or Chloroquine were added to the cultures of H₂O₂-treated cells 4 h before they were harvested for Western blot analysis. Representative Western blot images of LC3b I and II are shown on the left. The β-actin blot is included as a loading control. The relative ratios of LC3b II optical densities between CTL and H₂O₂-treated cells are presented on the right as means ± SD (n = 3). *P ≤ 0.05.

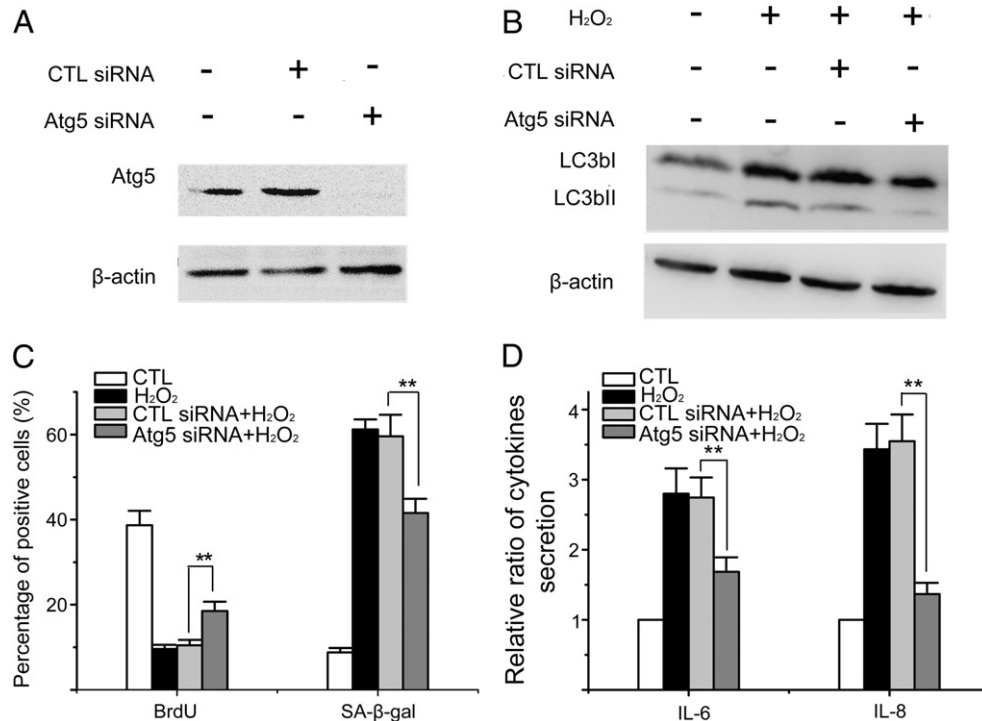


Fig. 3. Knocking down Atg5 attenuates H₂O₂-induced autophagy and senescence. (A) WI38 cells were transfected with vehicle, control siRNA (CTL siRNA) or Atg5 siRNA as described in Materials and methods. Levels of Atg5 were determined by Western blot 3 days after the transfection to validate the efficiency and specificity of Atg5 knocking down. A representative Western blot image of Atg5 is shown. The β-actin blot is included as a loading control. (B)–(D) WI38 cells were transfected with vehicle, control siRNA or Atg5 siRNA as described above. Three days after the transfection, they were exposed to 250 μM H₂O₂ for 2 h. Cells without siRNA transfection and H₂O₂ treatment were included as a control (CTL). Six days after H₂O₂ treatment, they were harvested for the analyses of LC3b I and II expression by Western blots and senescence induction by BrdU and SA-β-gal stainings. In addition, the supernatants of the cell cultures were collected for the analysis of IL6 and IL8 secretion by ELISA. (B) Representative Western blot images of LC3b I and II are shown. The β-actin blot is included as a loading control. (C) Percentage of BrdU and SA-β-gal positive cells are shown. (D) Relative ratios of IL6 and IL8 secretion compared to untreated control cells (CTL) are shown. The data are presented in (C) and (D) as means ± SD from three independent experiments. **P ≤ 0.01.

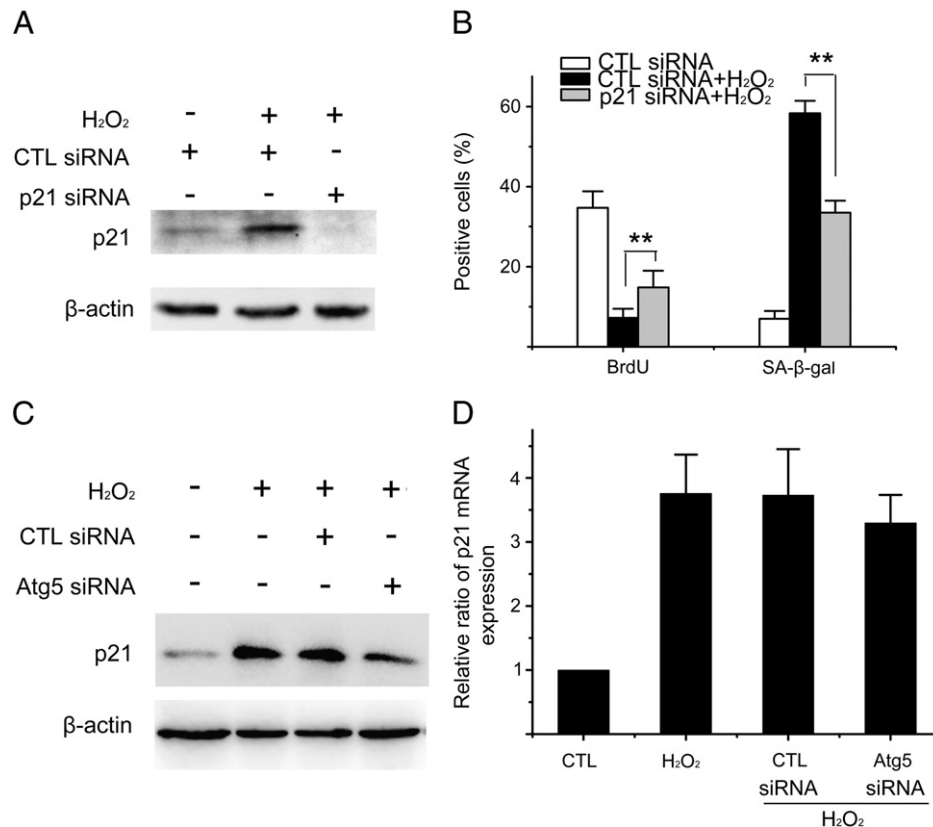


Fig. 4. Atg5 regulates H₂O₂-induced senescence in part via upregulation of p21. (A) and (B) WI38 cells were transfected with control siRNA (CTL siRNA) or p21 siRNA as described in Materials and methods. Three days after the transfection, they were exposed to 250 μM H₂O₂ for 2 h. Cells with CTL siRNA transfection but without H₂O₂ treatment were included as a control. Six days after H₂O₂ treatment, they were harvested for the analyses of p21 expression by Western blots and senescence induction by BrdU and SA-β-gal stainings. (A) A representative Western blot image of p21 is shown. The β-actin blot is included as a loading control. (B) Percentage of BrdU and SA-β-gal positive cells are shown. The data are presented in (B) as means ± SD from three independent experiments. ***P* ≤ 0.01. (C) and (D) WI38 cells were transfected with vehicle, control siRNA (CTL siRNA) or Atg5 siRNA as described above. Three days after the transfection, they were exposed to 250 μM H₂O₂ for 2 h. Cells without siRNA transfection and H₂O₂ treatment were included as a control (CTL). Six days after H₂O₂ treatment, they were harvested for the analyses of p21 expression by Western blot and qRT-PCR. (C) A representative Western blot image of p21 is shown. The β-actin blot is included as a loading control. (D) The relative ratios of p21 mRNA ΔCT values between the CTL and H₂O₂-treated cells are presented as means ± SD (*n* = 3).

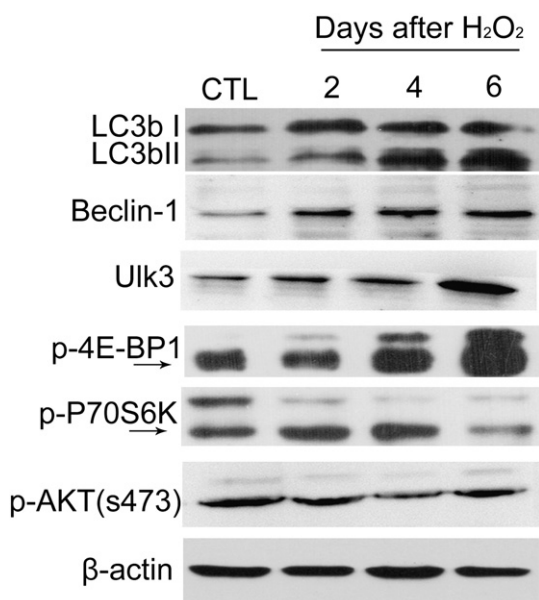


Fig. 5. H₂O₂ does not inhibit the mTOR pathways to increase autophagy. WI38 cells were either treated with vehicle (10% FBS DMEM) as a control (CTL) or with 250 μM H₂O₂ for 2 h. After H₂O₂ treatment, they were cultured in a complete medium for 2, 4, or 6 days. Levels of selective autophagic proteins (LC3b I and II, Beclin-1, and Ulk3), the mTORC1 phosphorylated products p-p70S6K and p-4E-BP1, and the mTORC2 phosphorylated product p-AKT (s473) were analyzed by Western blots. Representative images from the Western blots are shown. The β-actin blot is included as a loading control.

3.2. Autophagy regulates the induction of senescence by H₂O₂

To determine the role of autophagy in H₂O₂-induced senescence, we downregulated the expression of Atg5 in WI38 cells prior to their exposure to H₂O₂ using Atg5 specific siRNA (Fig. 3A), because Atg5 is essential for the formation of autophagosomes (Klionsky et al., 2008). It was found that knockdown of Atg5 prevented LC3bII accumulation induced by H₂O₂, confirming that Atg5 downregulation inhibits oxidative stress-induced autophagy (Fig. 3B). In addition, downregulation of Atg5 expression also inhibited the induction of senescence by oxidative stress, as the cells pretreated with Atg5 siRNA exhibited increased BrdU incorporation, decreased SA-β-gal activity, and reduced secretion of IL-6 and IL-8 compared to cells treated with control siRNA after exposure to H₂O₂ (Fig. 3C, D). These data demonstrate that suppression of autophagy inhibits the induction of senescence by H₂O₂ and thus suggest that autophagy plays an important role in regulation of ROS-induced senescence.

3.3. Autophagy regulates the induction of senescence by H₂O₂ through p21

Since the induction of cellular senescence in WI38 cells by H₂O₂ was associated with an increased expression of p21 but not p16, we investigated whether autophagy regulates oxidative stress-induced senescence through p21. First, we examined the role of p21 in ROS-induced senescence by downregulating p21 with p21 siRNA (Fig. 4A). It was found that downregulation of p21 inhibited the induction of senescence by H₂O₂ as more p21 siRNA-treated cells incorporated BrdU and showed less SA-β-gal staining than control siRNA-treated

cells after exposure to H_2O_2 (Fig. 4B). Interestingly, knocking down Atg5 reduced the levels of p21 protein in H_2O_2 -treated cells (Fig. 4C) but had no significant effect on the expression of p21 mRNA induced by oxidative stress (Fig. 4D). This finding suggests that autophagy may regulate H_2O_2 -induced senescence in part by upregulating the expression of p21 at the level of post-transcription.

3.4. H_2O_2 increases autophagy in WI38 cells independent of the negative feedback regulation of the mTOR pathway

A recent study showed that autophagy was elevated during oncogenic stress-induced senescence in correlation with negative feedback in the mTOR pathway (Young et al., 2009). Therefore, we examined whether oxidative stress can increase autophagy by downregulating the same pathway via analysis of the levels of p-p70S6K, p-4E-BP1 and p-AKT (s473), because p70S6K and 4E-BP1 are the downstream targets of mTOR complex 1 (mTORC1) and p-AKT (S473) is a phosphorylated product of mTOR complex 2 (mTORC2) (Zoncu et al., 2011). As one would expect, exposure of WI38 cells to H_2O_2 increased the activity of autophagy in a time-dependent manner

as the cells showed gradual increases in the levels of not only LC3bII but also Beclin-1 (Atg6) and Ulk3 (Atg1) after H_2O_2 -treatment (Fig. 5). Both Beclin-1 and Ulk3 have been implicated in the formation of the autophagosomes during autophagy (Klionsky et al., 2007). However, to our surprise, the levels of p-AKT (S473) were not changed by the treatment of the cells with H_2O_2 whereas those of p-p70S6K and p-4E-BP1 exhibited mixed alterations after oxidative stress exposure (Fig. 5). These findings indicate that unlike oncogenic stress (Young et al., 2009), oxidative stress may increase autophagy independent of downregulation of the mTOR pathway.

3.5. Induction of intracellular ROS production mediates H_2O_2 -induced autophagy

It has been well-established that increased production of intracellular ROS plays an important role in mediating the induction of not only senescence but also autophagy by a variety of stimuli (Chen et al., 2007; Essick and Sam, 2010; Scherz-Shouval and Elazar, 2007). Therefore, we examined the role of intracellular produced ROS in H_2O_2 -induced autophagy. First, we examined whether exposure of

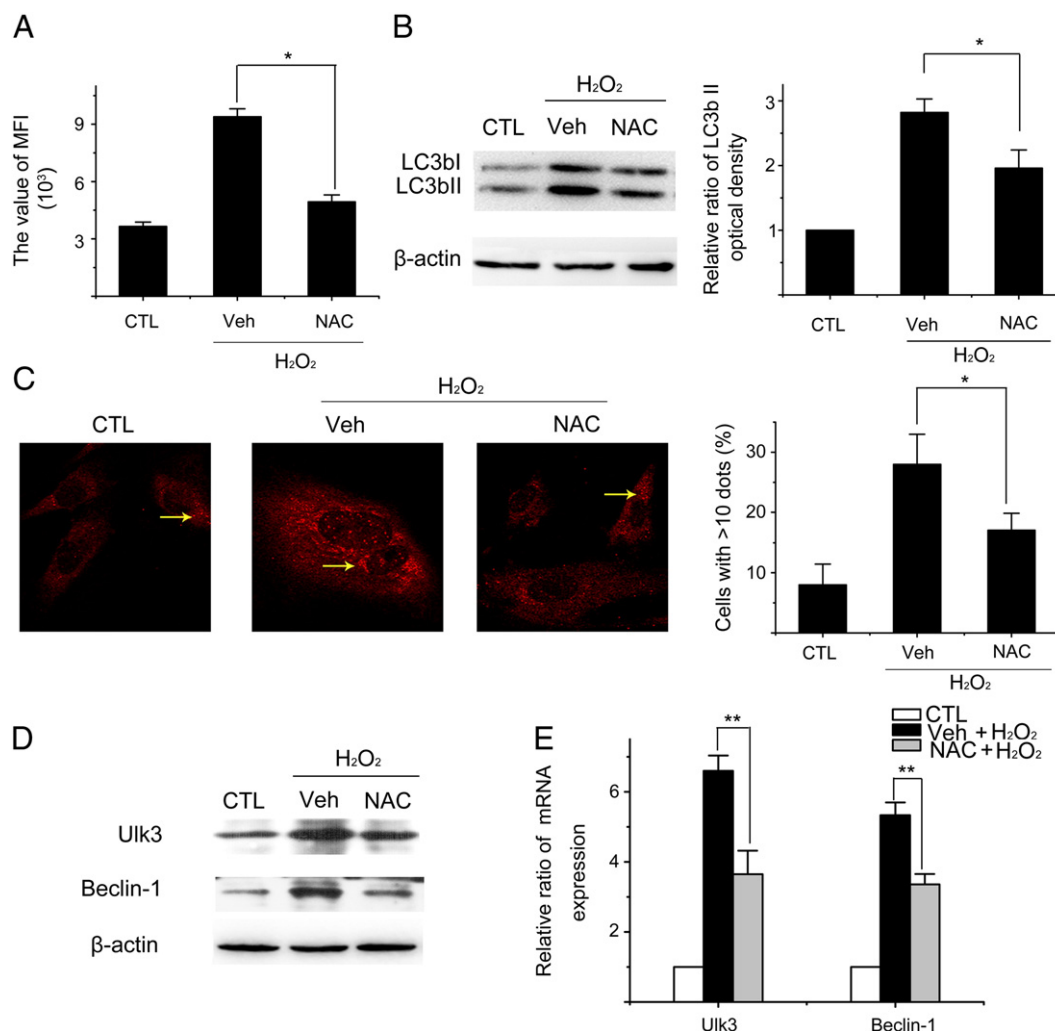


Fig. 6. Induction of intracellular ROS production mediates H_2O_2 -induced elevation of autophagy. WI38 cells were either treated with vehicle (10% FBS DMEM) as a control (CTL) or with 250 μ M H_2O_2 for 2 h. After H_2O_2 treatment, they were cultured in a complete medium with vehicle (Veh) or NAC (100 mM) for 6 days before being assayed as described below. (A) Intracellular production of ROS measured by flow cytometry. The values of DCF MFI are presented as means \pm SD ($n = 3$). (B) Levels of LC3b I and II analyzed by Western blots. A representative image of LC3b I and II Western blots is shown on the left. β -actin blot is included as a loading control. Relative ratios of LC3b II and I optical densities between CTL and H_2O_2 -treated cells are shown on the right as means \pm SD from three experiments. (C) Representative photomicrographs of LC3b immunofluorescent staining (red) are shown on the left to demonstrate the formation of LC3b puncta pointed by the yellow arrows. Percentage of cells with more than 10 LC3b puncta are presented on the right as means \pm SD ($n = 3$). (D) Levels of Ulk3 and Beclin-1 analyzed by Western blots. Representative images of the Western blots are shown. The β -actin blot is included as a loading control. (E) Levels of Ulk3 and Beclin-1 mRNA measured by qRT-PCR. The relative ratios of Ulk3 and Beclin-1 mRNA Δ CT values between CTL and H_2O_2 -treated cells are presented as means \pm SD ($n = 3$). * $P \leq 0.05$ and ** $P \leq 0.01$.

WI38 cells to H_2O_2 for 2 h induces a persistent increase in intracellular production of ROS by the analysis of DCF FMI using a flow cytometer. As shown in Fig. 6A, even 6 days after H_2O_2 treatment WI38 cells still produced elevated levels of ROS, which could be attenuated by NAC, an effective antioxidant. More importantly, NAC treatment after H_2O_2 exposure inhibited the accumulation of LC3bII (Fig. 6B, C) and expression of Ulk3 and Beclin-1 (Fig. 6D, E). These findings suggest that increased production of intracellular ROS is primarily responsible for the induction of autophagy induced by an exogenous oxidative stress such as H_2O_2 treatment.

3.6. Activation of p38 MAPK α mediates induction of autophagy and p21 by H_2O_2

It has been shown that activation of p38 MAPK α mediates diverse stimuli-induced cellular senescence including that induced by oxidative stress (Iwasa et al., 2003). However, the role of p38 MAPK α in oxidative stress-induced autophagy has not been well defined and therefore, was studied. As shown in Fig. 7A, exposure of WI38 cells to H_2O_2 activated p38 MAPK α . The activation was significantly inhibited by the specific p38 MAPK α inhibitor SB (Fig. 7A). In addition, inhibition of p38 MAPK α activity by SB reduced the expression of Beclin-1, Ulk3 and LC3b mRNA induced by H_2O_2 (Fig. 7B). Furthermore, the expression of p21 induced by H_2O_2 treatment was also attenuated by SB (Fig. 8). These findings suggest that p38 MAPK α can mediate not only ROS-induced senescence but also oxidative stress-induced autophagy.

4. Discussion

Our results show that exposure of cells to oxidative stress induces not only senescence but also autophagy. More importantly, we found that autophagy can regulate the induction of senescence by ROS. Similar findings were also observed recently in the cells subjected to oncogenic stress (Young et al., 2009). These findings suggest that autophagy and senescence are common cellular responses to stress. They are intricately connected through mechanisms which have not been completely understood. One possible mechanism by which autophagy may regulate senescence induction is upregulation of p21 as shown in the present study, because it has been well established

that p21 can act at the down-stream of p53 to mediate the induction of senescence by a variety of stress, particularly that induced by DNA damage (Macip et al., 2002; Passos et al., 2010). Interestingly, autophagy regulates p21 expression not at the level of transcription but post-transcriptionally, because we found that inhibition of autophagy by downregulating Agt5 reduced oxidative stress-induced increases in p21 protein but had no significant effect on the elevated expression of p21 mRNA induced by H_2O_2 treatment. Post-transcriptional regulation of IL6 and IL8 expression by autophagy was also observed in oncogenic stress-induced senescent cells (Young et al., 2009). However, the mechanisms whereby autophagy post-transcriptionally regulates p21 expression remain to be elucidated. In addition, it has yet to be determined whether senescence can also regulate the induction of autophagy by ROS.

It has been well established that autophagy is primarily regulated by the mTOR pathway (Kapahi et al., 2010). Inhibition of the mTOR pathway increases autophagy under various physiological and pathological conditions (Jung et al., 2010). Oncogenic stress induces autophagy also through downregulation of mTOR activity (Young et al., 2009). However, our studies suggest that oxidative stress induces autophagy in an mTOR-independent manner, as the levels of the downstream phosphorylated target of mTORC2 p-AKT (S473) (Zoncu et al., 2011) were not changed while those of mTORC1 p-p70S6K and p-4E-BP1 (Zoncu et al., 2011) exhibited mixed alterations after oxidative stress exposure. This suggestion is in agreement with the previous observations that ROS does not inhibit but instead activates the mTOR pathway (Blagosklonny, 2008). In addition, it was supported by our findings that oxidative stress induces autophagy in a p38 MAPK α -dependent manner because WI38 cells exposed to H_2O_2 exhibited increases in p38 MAPK α phosphorylation and inhibition of p38 MAPK α with SB, a specific p38 MAPK α inhibitor, reduced the expression of several Atg genes.

The role of p38 MAPK α in regulation of autophagy has been suggested previously. For example, it has been shown that various cachectic stimuli can increase the phosphorylation of p38 MAPK α in vivo and in vitro to induce cachectic muscle wasting. Inhibition of p38 MAPK α activity can attenuate myotube atrophy by inhibiting the expression of autophagy-related genes in vitro (McClung et al., 2010). However, activation of p38 MAPK α was also found to inhibit the constitutive autophagic activity by affecting the maturation of

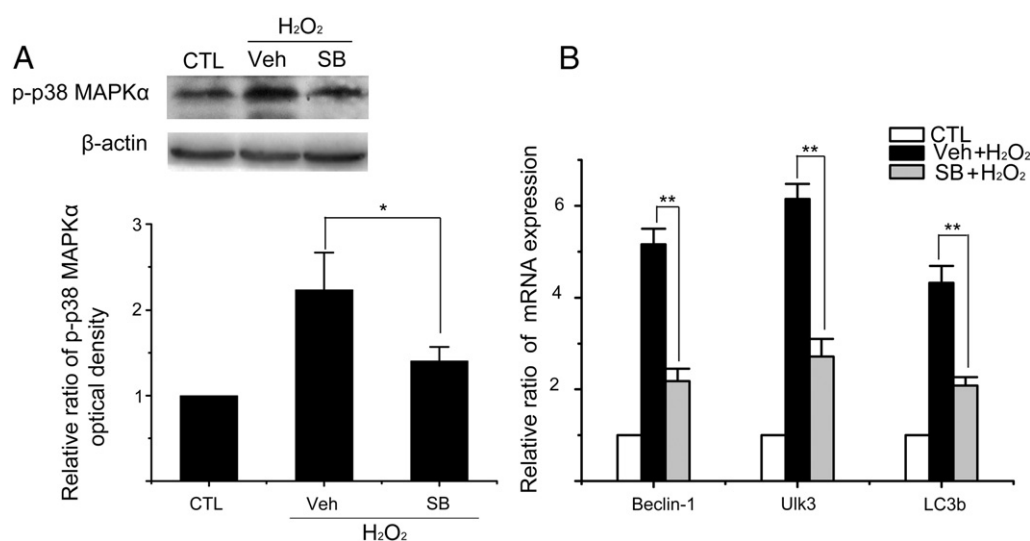


Fig. 7. Activation of p38 MAPK α mediates the induction of Beclin-1, Ulk3 and LC3b mRNA by H_2O_2 . WI38 cells were either treated with vehicle (10% FBS DMEM) as a control (CTL) or with 250 μ M H_2O_2 for 2 h. After H_2O_2 treatment, they were cultured in a complete medium with vehicle (Veh) or SB203580 (SB, 10 μ M) for 6 days before being assayed as described below. (A) Analysis of p38 MAPK α activation by Western blot. A representative p-p38 MAPK α Western blot image is shown on the upper panel. The β -actin blot is included as a loading control. The relative ratios of p-p38 MAPK α optical densities between CTL and the H_2O_2 -treated groups are presented as means \pm SD ($n = 3$) on the lower panel. (B) Levels of Ulk3, Beclin-1 and LC3b mRNA were measured by qRT-PCR. The relative ratios of Ulk3, Beclin-1 and LC3b mRNA Δ CT values between CTL and H_2O_2 -treated cells are presented as means \pm SD ($n = 3$). * $P \leq 0.05$, ** $P \leq 0.01$.

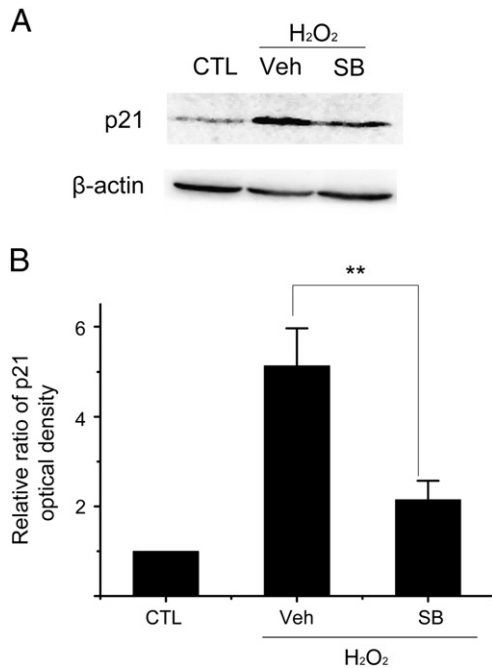


Fig. 8. Activation of p38 MAPK α mediates the induction of p21 by H₂O₂. WI38 cells were treated as described in Fig. 7 legend. Levels of p21 were determined by Western blot. (A) A representative p21 Western blot image is shown. The β -actin blot is included as a loading control. (B) The relative ratios of p21 optical densities between CTL and the H₂O₂-treated cells are presented as means \pm SD ($n = 3$). ** $P \leq 0.01$.

autophagosomes (Corcelle et al., 2007). Furthermore, in HEK293 cells, it was found that activation of p38 MAPK α can negatively regulate basal and starvation-induced autophagy through p38 MAPK-interacting proteins (Webber and Tooze, 2010). These findings suggest that p38 MAPK α may regulate autophagy in a cell context specific manner.

Activation of p38 MAPK α and induction of autophagy by H₂O₂ treatment is likely attributed to a sustained increase in intracellular production of ROS because it has been well established that ROS can activate p38 MAPK α and we have found that NAC can inhibit H₂O₂-induced autophagy. Activation of p38 MAPK α also mediates diverse stimuli-induced cellular senescence including that induced by oxidative stress (Iwasa et al., 2003). Therefore, our results suggest that autophagy and senescence may share a common pathway, e.g. the p38 MAPK α pathway, for their induction after exposure to oxidative stress. This suggestion is supported by our finding that inhibition of p38 MAPK α also reduced the expression of p21 that mediates the induction of senescence by ROS.

In summary, our studies provide significant new insights into the role of autophagy in oxidative stress-induced senescence. In addition, our results reveal some novel mechanisms by which oxidative stress augments autophagy. Considering that both autophagy and senescence are important cellular responses to oxidative stress and their dysregulation has been implicated in aging and cancer, our findings could help us to gain a better understanding of the pathogenesis of aging-related diseases and cancer.

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